

Companion/Caregiver Services

- Dressing, bathing, oral care
- Incontinence care
- Meal planning and preparation
- Companionship and conversation
- Tracking medication
- Shopping and errands
- Laundry and household management
- Light housekeeping
- Observation and monitoring
- Transportation to appointments
- Planning visits and outings
- Safety awareness



Our Professional Care Managers Can Help You

- Maintain your maximum functional potential.
- Navigate through any crisis situation.
- Advocate for medical concerns. Conduct careplanning assessments, provide options and recommendations.
- Review financial, legal, or medical issues and offer referrals to appropriate resources.
- Screen, arrange and monitor in-home services.
- Enlist support, build consensus and offer solutions to all concerned when dealing with all types of dementia.
- Apply for Medi-Cal assistance for LTC.



746 South Main Ave. Ste. C Fallbrook, California 92028

1501 Front St., Suite 434 San Diego, CA 92101

(760) 731-1334 fax (760) 731-1490 toll free (877) 731-1442

www.innovativehc.com

Professional Care for Seniors



Caring is our Specialty

Care Management Caregiver Services



What is a Geriatric Care/Case Manager?

A geriatric care/case manager specializes in assisting older people and their families with long-term care arrangements. Care managers have a minimum of a bachelor's degree or equivalent training in gerontology, social work, nursing, or counseling.

Geriatric care managers have extensive knowledge about the cost, quality, and availability of services in their community. One call to a geriatric care manager will connect you with services an older person may need.

At Innovative Healthcare, our care managers are RNs. We believe geriatrics is best handled by a medical person whose expertise includes disease processes, medication management and behavior disorders. Our care managers are available 24-hours a day, 7-days a week.

Your care manager is a member of the <u>National Association</u> of <u>Professional Geriatric Care Managers</u>. We strive to respect the autonomy of the individual and preserve the dignity and respect of each person. We are committed to adhering to the Pledge of Ethics and Standards of Practice

MEMBER

National Association of

Professional Geriatric Care Managers

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Caregivers

Our quality in-home caregivers are screened for experience, references, criminal background and DMV records. All caregivers are bonded and covered by liability and worker's compensation insurance.

Caregivers are oriented and monitored by an RN care manager who provides and implements the plan of care.

Our selection process assures our clients peace of mind and the security of having a team of professionals working for them.

Caregivers are available 24 hours a day, 7 days a week. We offer competitive hourly and 24-hour rates.

You may need help if ~

You determine you do not have the time, inclination, or skills to manage the problems yourself.

The problems that you or your loved ones are facing are becoming larger and more complex than you can comfortably manage.

Other demands and responsibilities are so great that you are not able to provide the desired level of supervision and attention to your loved one's problems.

You want to maintain your independence, live in your home, but you need some assistance.

You or a loved one are being discharged from the hospital or nursing home and you need coordination of care for success at home.

You are dealing with Alzheimer's disease or dementia.

You need to know where your loved one can live that is affordable and safe.

You are out of town and not sure how your loved one is doing.

We understand ~ please call us. (760) 731-1334

